



Manufactured by Life Force®
Poway, CA 92064, USA
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TrueGreens®

Product Name: TrueGreens, 7.4 oz. (210 g)

Item No: 500, single bottle. Available in other quantities.

Characteristics:

- A concentrated, whole food supplement with over 30 organic and natural-source ingredients.
- 100% vegan.
- Like a “Salad Bar in a Jar!”
- With many high valued ingredients
- Wheat grass contains chlorophyll, a great cleanser and detoxifier.
- Rice Bran contains fiber and anti-oxidants.
- Tomatoes are a good source of lycopene.
- Broccoli is a good source of calcium and Vitamin A & C.
- Flax Seed contains high levels of essential fatty acids, Vitamin B1, 2, 3, & 5, and Vitamin E. Also has fiber.
- Probiotics provide healthy flora & aids digestion.
- Grape Seed Extract and Blueberry have anti-oxidant and anti-aging properties.

Benefits:

- Supplements your diet with vitamins, minerals, fiber, proteins, probiotics and valuable phytonutrients.
- One serving is equal to one USDA serving of daily fruits and vegetables. USDA recommends 7-10 servings a day.

Color: Green

Flavor/Taste: Slightly sweetened wheat grass taste

Texture: Powder

Recommended Daily Intake: Mix 2 rounded teaspoons in 6 ounces of any liquid once or more daily. Shake gently before use.

Servings per container: 30

Storage: Room temperature, sheltered from light and moisture.

Shelf life: When stored as directed and product is kept in its original packaging:

- Unopened – 18 months
- After opening – For the best best benefits use within 90 days

Other Ingredients: Tricalcium Phosphate, Fructo-Oligosaccharide, Lecithin, and Xanthan Gum.

Contains: Soy and Lecithin (derived from soy).

General: All of Life Force International products are manufactured following cGMPs in compliance with the US Food and Drug Administration’s cGMPs Regulations (21 CFR 110).

Keep out of reach of children. Pregnant or lactating women should consult their healthcare professional prior to using any new product. Satisfaction guaranteed.

Supplement Facts	
Serving Size	2 Rounded Tsp. (7 g)
Servings Per Container	30
Amount Per Serving	% DV
Calories 25	
Total Carbohydrate 4 g	1%*
Dietary Fiber 1 g	6%*
Sugars 1 g	†
Protein 1 g	
Vitamin C (as ascorbic acid) 2 mg	4%
Calcium 60 mg	6%
Iron 1 mg	8%
Sodium 20 mg	1%
TrueGreens Proprietary Blend 6.5 g	†
Wheat Grass, Non-GMO Soy Protein Isolate, Rice Bran, Amaranth, Flax Seed, Carrot, Alfalfa, Broccoli, Spinach, Kale, Tomato, Noni (Fruit), Ginger Root, Spirulina, Organic Barley Grass, Pineapple, Blueberry, Acidophilus, Bifidobacterium, Shitake Mushroom, Papaya (Fruit), Bromelain, Lipase, Amylase, Grape Seed Extract, Bilberry (Fruit) Extract, and Stevia (Leaf).	
* Percent Daily Values (DV) are based on a 2,000 calorie diet.	
† Daily Value not established.	



*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.