



PRODUCT DATA SHEET

Life Force International's **SunBright** is a proprietary, liquid formula using time-tested herbs, herbal extracts, and select amino acids. SunBright is also rich in ingredients that assist in boosting energy and alertness.

Having several herbal botanicals, SunBright also has phytonutrients. Phytonutrients includes several classifications of health-supporting compounds. To learn more about the value of phytonutrients, go to www.usda.gov. Then use their search engine and type in "phytonutrients." You will receive over 400 articles from which to learn more about the extensively studied benefits of phytonutrients. Or, if you want a list of major research projects, you can go directly to: <http://nps.ars.usda.gov/locations.locations.htm?modecode=12-35-00-00>.

Ingredients:

Green Tea Extract (Leaf), Yerba Mate Extract (Leaf and Stem), Noni (Fruit), Ginger (Root), Ornithine, Glutamine, Gamma-Aminobutyric Acid, Arginine, Lysine, Reishi Mushroom, Codonopsis (Leaf), Wild Yam (Root), Gotu Kola (Leaf and Stem), Ginko Biloba Extract (Leaf), Astragalus (Root),

Other Ingredients:

Glycerin, Purified Water, Natural Cinnamon Flavor, Citric Acid, and less than 0.2% of Potassium Benzoate and Potassium Sorbate (to preserve freshness).



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Additional Educational Information For The Ingredients:

INGREDIENT	BENEFITS
<i>Yerba Mate</i>	is prized as a refreshing and reviving stimulant by natives of South America. It stimulates cerebral activity and the central nervous system. ¹
<i>Ginger Root</i>	is used in Oriental medicine to strengthen and stimulate vital energies while in vigorating the whole body. ²
<i>Gotu Kola</i>	is a tonic herb of Asian origin that promotes alertness and has anti-fatigue properties. ³
<i>Green Tea Extract</i>	is prized for its stimulating properties throughout the world. ⁴
<i>Wild Yam</i>	has anti-spasmodic properties and is believed to improve liver function and lower blood pressure. ⁵
<i>Reishi Mushroom</i>	is currently being studied in China as a sports performance enhancer because of adaptogenic properties that are four to six times more potent than Ginseng. It also nourishes and supports the immune system by preserving oxygen in the body. ⁶

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<i>Ginkgo Biloba</i>	is one of the best researched and most widely used brain-related dietary supplements. It has experimentally demonstrated neuroprotective properties shown to improve memory, alertness and attention. ^{7,8}
<i>Astragalus</i>	stimulates the immune system and is also considered an energy booster. ^{9,10}
<i>Codonopsis</i>	increases energy and combats stress. Shown to be most powerful wjgem used in combination with amino acids. ¹⁰
<i>Lysine</i>	is an amino acid and a necessary building block for all protein in the body. It plays a major role in calcium absorption, building muscle protein and recovering from sports injuries. It also plays a role in the body's production of hormones, enzymes and antibodies. ¹¹
<i>Arginine</i>	is an essential amino acid involved primarily in metabolism and DNA synthesis. It plays a vital role as a Human Growth Hormone (HGH) releaser and in immune system support. ¹²
<i>Ornithine</i>	promotes the body's release of HGH, which promotes cellular regeneration and the metabolism of excess body fat. The effects of Ornithine are enhanced when combined with Lysine, Arginine, Glutamine, and GABA (see below). ¹³
<i>Glutamine</i>	is the major source of energy for the brain and the entire body. It helps build and maintain muscles and performs a major role in DNA synthesis. It is also a natural antacid and improves memory and mental activity. ¹²
<i>Gamma-Aminobutyric Acid (GABA)</i>	is an amino acid that functions as a neurotransmitter in the central nervous system. Research demonstrates that GABA reduces stress and anxiety. ¹⁴
<i>Noni Extract</i>	contains a natural alkaloid, xeronine, which appears to have a wide range of beneficial effects on the circulatory and central nervous systems. ¹⁵
<i>Cinnamon</i>	is a popular flavoring agent that also has anti-inflammatory properties.

Potential Benefits From Ingredients That:

- Help sustain energy.^{1,3,4}
- Enhance a sense of well-being.⁷
- Assist in fat burning.¹
- Supports mental clarity.^{3,7,8}

Suggested Use:

Shake before using.

Take 2-4 droppers-full* directly under the tongue and hold for 1-2 minutes to allow sublingual absorption.

*Denotes: One dropper-full is one full squeeze of the rubber bulb.

Servings:

SunBright comes in a 2-oz, amber-colored, glass bottle, which yields 30 servings @ 2 droppers-full per serving. When using 2 servings daily, Sunbright is a 30-day supply.

PRODUCT SPECIFICATIONS

PRODUCT NUMBER	LF300
DESCRIPTION	30-day supply
QUANTITY	2 fl oz/57g

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Caution:

Keep out of reach of children.

Formulated for adult use.

Pregnant or lactating women should consult their health care professional prior to using any new product.

Shelf Life & Storage:

Once opened, SunBright has a shelf life of 3 months. Unopened, it has a shelf life of 1 year. Store at room temperature.

*These statements have not been evaluated by the Food and Drug Administration. The product not intended to diagnose, treat, cure or prevent any disease.

References:

This specific product or products have not been tested for any of the potential benefits listed herein. The following references apply to studies and/or research conducted with certain ingredients, or combinations of ingredients, used in formulating this product. Such ingredients may not be from the same source or processed in the same way as the ingredients used in this product.

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